



# Proactive Rehabilitation & Fitness Centers

## Direct Access Notice

Wyoming is a Direct Access state, which means that you may seek treatment from a physical therapist without a prescription or referral from a physician.

However, you must know:

- Your insurance company may not cover physical therapy services without a doctor's prescription. It is your responsibility to check with your insurance company prior to being treated to check your specific policy requirements.
- Coverage may not be available through governmental or workers' compensation programs unless prescribed by a physician, physician's assistant, or nurse practitioner.
- Without a prescription, a physical therapist is prohibited from initiating physical therapy treatment for children under the age of twelve (12) years.
- The physical therapist will refer you to a licensed physician when:
  - The physical therapist has reasonable cause to believe symptoms or conditions are present that require services beyond the scope of physical therapy practice
  - Physical therapy is contraindicated  
*(treatment that is unsafe or inappropriate; causes symptoms to worsen)*

*I have read this notice and understand its contents. I understand that if I chose not to have a prescription for physical therapy from a physician, physician's assistant, or the like, my insurance company may deny payment of my medical services. I also understand that it is my responsibility to check with my insurance company prior to treatment to determine if they will or will not cover services.*

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Pinedale Office**

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**Marbleton Office**

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